

**Emergency food for
local people in crisis**



Other Items

Good quality shopping
bags / bags for life
Toiletries – male & female
Nappies and Wipes

Shopping List

Milk (UHT or Powder)

Sugar 500g / 1 kg

Noodles / Mug Shots

Savoury Treats

Fruit Juice

Squash

Instant Coffee

Tinned Fish

Chocolate Treats

Sweets

Tinned Vegetables

Tinned Tomatoes

Instant Mash

Pasta Sauce

Sponge Pudding

Cereal

Rice

Tinned Meat

Biscuits

Thank you!
for helping to make a difference